| Overcoming Obstacles—Advisory |
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| Overcoming Obstacles 7th Grade December |
| Introduction |
| Teacher Script These activities will give you practice at identifying the possible internal and external obstacles that prevent you from making the best possible decision. |
| Activity 1 |
| Self-Defeating Statements and Obstacles  Handout the Self-Defeating Statements and Obstacles worksheets. Go over with students. Answer any questions that they may have. |
| Activity 2 and 3 |
| Handout Henry’s Dilemma. Have students read through and then answer the questions. Be ready to discuss answers.  Handout Identify Your Obstacles. Have students fill out and then discuss answers with them. Explain ways that they may be able to face their obstacles. |

Students will keep the worksheets for their personal reference